

## **Team Meeting**

- Distribute player journals
- Discuss Team Philosophies
- Discuss the team's goal(s)
- Explain your coaching philosophy and style
- Educate parents briefly on the laws of the game at this age group
- Get help (assistant coach, Team parent)
- Equipment needed at practice and game (water, ball, shin guards, appropriate clothing, no jewelry etc)
- Attendance at practices and game, pick-up and drop-off
- Arrive at games at least 15 min. prior to game to warm up
- Player behavior
- Parents behavior: be specific (POSITIVE, you are the parent NOT the coach)
- SoccerParenting.com
- Uniform distribution
- Discuss field and where to sit.
- Set the example for respecting the referee. ( Parents Cheer, Referee makes the calls on the field. On captains talk to referees.)
- How will the team communicate? Text, Email, Team Website. (this would be a great thing for the team parent)

## **Useful Links-**

Ogden Soccer – [www.ogdensoccer.com](http://www.ogdensoccer.com)

Ogden Soccer Facebook - <https://www.facebook.com/OgdenSoccer>

Soccer Parenting Resources – [www.ogdensoccer.com/resources/parentsupport](http://www.ogdensoccer.com/resources/parentsupport)

## **Required Gear** - Here is a quick overview of the **items your player will need to be prepared.**

1. Size 4 Soccer ball. At all practices and games.
2. Soccer shoes. Dicks Sporting Goods and Big 5 are always running specials.
3. Properly fit shin guards worn underneath the socks.
4. Water bottle at all practices and games.
5. Uniform - Athletic wear. NO Levis!! For safety NO sunglasses, jewelry or other fashionable accessories little girls love so much.
6. Positive Parent Support – At least one parent or guardian must be present during practice and/or games. No dropping your child off at practice to run errands. Coaches are not the sitter. If you leave your child make sure to have another parent is left in charge.